

The NLP Research and Recognition Project Update

This project was started in 2008 by Frank Bourke PhD to finally obtain recognition for the contributions NLP has made and could make to health and well-being. Since 2008 it has established a Not for Profit Corporation; recruited over 1000 registered supporters including 40 NLP Institutes; help begin the first International Research Conference; started the first NLP Research Library; submitted \$17,000,000 worth of University sponsored, NLP research proposals; begun the academic Book of NLP Research; and expended over \$400,000 to develop the logistical underpinnings for serious NLP research. We are seeking your help and contribution so that we can complete and publish the following study in order to obtain US government funding to assist in the treatment of soldiers suffering from Post-Traumatic Stress Disorder.

The Reconsolidation of Traumatic Memories (RTM) Research Project: Fact Sheet for our NLP Network

Why is this Project so important?

Studies predict that up to 300,000 U.S. veterans may develop Post-Traumatic Stress Disorder (PTSD) in the next few years. With immediate intervention, these veterans may be spared the risk of disabling alcohol and drug abuse, family and career disintegration, and even suicide that often follow untreated PTSD.

It is estimated that Reconsolidation of Traumatic Memories (RTM) Therapy could save the U.S. \$6 billion in its first 10 years of use. **If the research is successful, RTM will be the first NLP-based treatment protocol scientifically evidenced as “state of the art” and, as such, will be recognized by health agencies, academics and professionals worldwide.**

What is Reconsolidation of Traumatic Memories (RTM)?

RTM is the first NLP-derived researchable treatment protocol for Post-Traumatic Stress Disorder (PTSD). It was chosen by the The Research and Recognition Project as the first NLP protocol to be certified by national health agencies. It was developed by NLP clinical experts, including Steve Andreas, Robert Dilts, Tim Hallbom, Judith DeLozier, Suzy Smith, and Professors Richard Gray and William McDowell.

It is a scientifically verifiable version of the Visual Kinesthetic/Dissociation protocol (VK/D). In clinical pilots at Marshall University (incomplete due to Prof. McDowell’s unforeseen medical retirement) and at the Brain Resource Center in NYC, the protocol has successfully removed the symptoms of nightmares and flashbacks in less than half the time of current therapies, often in fewer than two or three sessions.

What will this 30-veteran pilot study accomplish?

This small RTM pilot study, if completed successfully, will “unblock” further NLP research funding. It has taken four years of groundwork to begin this first “affordable” (\$100,000) pilot study (including applying for and not receiving numerous grant applications because of resistance to NLP).

It can be completed and the results submitted for publication this winter with donations from concerned veterans and NLP supporters such as you. The U.S. Congress has pre-approved a \$12 million contract to research and develop RTM in the 2012 budget, but the budget has not yet passed. Also, two larger \$500,000 pilot studies will be resubmitted to the U.S. Department of Veterans Affairs (VA) and the National Institute of Health (NIH) at their request once this study is complete. **We believe that this small study, if successful will create significant public recognition for NLP and broad research FUNDING from a number of Agencies and Foundations.**

Why does the Project need your help?

The Research and Recognition Project has, for political necessity, legally taken NLP out of its current name. The opposition encountered to get this pilot study in place has cost Project volunteers four years and well over \$350,000 from our own pockets. People from the NLP community have contributed an additional \$30,000.

Your help, now, could enable us to finish this critical study, which will get the ball rolling to fund additional NLP-based research studies. Your donation is tax-deductible. Please go to <http://nlprandr.org> and give what you can right now.

How can the Project help advance NLP?

We believe the RTM treatment protocol has the potential to become a standard treatment for military veterans with PTSD. The VA states that PTSD is the most common mental health problem among returning veterans, with 15 percent reporting symptoms. Already 197,074 vets receive treatment. **If this 30 person research project proves successful in treating PTSD, this could very well gain NLP its first widespread “positive” public recognition. Imagine seeing and hearing that story on the evening news!**

What else has been done to support the RTM Project?

The prestigious neurology journal *Traumatology* has accepted for publication an article by NLPers Professor Richard Gray and Dr. Rich Liotta. **The article provides an explanation for the speed and efficacy of the RTM protocol, as well as a sound scientific hypothesis for its underlying neurological operation.**

Additionally, a book presenting the research evidence on the clinical efficacy of NLP is more than half finished. This book, led by Lisa Wake and Professor Gray, will include work by 20 Research Project supporters who have backgrounds in NLP research. **One of the chapters is devoted to PTSD.** The book will lend credibility to the breadth of the NLP research movement and provide concrete direction for serious future NLP studies. This effort is giving the international NLP research team (U.S., Europe, Far East) the opportunity to work together for the first time.

Please donate now to help get NLP on the map. We are counting on you, our supporters of NLP, to help make NLP protocols available to everyone.

Thanks,

Frank Bourke, Steve Andreas, Rich Liotta, Richard Gray, Lisa Wake, Bob Salluzzo
The Research and Recognition Project Inc. , 145 East 2 Street, Corning NY, 14830
E-mail: fpmc1000@hotmail.com ; WEB <http://nlprandr.org>